



TAILored

Pet Services LLC

6 Tips to Help Pets Beat the Summer Heat

People and animals alike are stressed from the heat and it's important to make an extra effort to keep pets cool, comfortable, and healthy. Dogs get lots of media attention during the summer, but cats and other creatures (including humans!) are at risk too.

Keep your emergency information with you at all times. When an emergency situation happens, it's not the time to start frantically searching for your veterinarian's phone number, or the address of the nearest emergency clinic. Keep important numbers and medical information for your pet up to date and in your wallet or by the phone at all times.

Get to know your pet so that you can recognize an emergency. Learn to take your pet's pulse, count resting breaths and pants when exercising, and ask your veterinarian how to take your pet's temperature. Knowing what is normal for your pet will help you recognize an emergency soon enough to take action to minimize danger. Normal temperatures on cats and dogs are around 101 degrees. Anything over 103 is an emergency.

Never leave an animal in a parked car. Even when it's only 80 degrees outside, the inside of a car can heat up to more than 120 degrees in just minutes. And, leaving the windows partially rolled down won't do the trick. Even if you plan to be in the store for "just a minute," your pet is at risk of a heat stroke.

Prevent sunburn. Animals can get sunburned too, especially short-haired dogs, or dogs and cats with pink skin and white hair. Limit your pet's exposure when the sun is unusually strong, and ask your veterinarian about an appropriate brand of sun block such as a nonirritating zinc oxide that can be applied to his or her ears and nose 30 minutes before going outside.

Test the heat radiating from the sidewalk or street for yourself. These hard surfaces absorb and hold heat. If it's too hot for you to stand on in your bare feet, it will be too hot for the sensitive pads of your pet's feet as well. And, while it's never a good idea for a pet to ride in the back of an open pickup truck, the same principle applies. Place your hand against the bed of the pickup truck. If the metal surface is too hot for your hand, it's too hot for your animals.



Always make sure animals have access to fresh water and shade. Try spraying down favorite shaded areas a few times during the day to create an outdoor "evaporative cooling system." For outdoor dogs, try filling a kiddie pool with water and leaving it in the shade. Just be sure to change the water often to make sure you don't inadvertently raise a new batch of mosquitoes.

Tips provided by petsamerica.org. To access full article, visit: <http://bit.ly/b8zgUe>

News from the Top Dog

I cannot believe it has been six months since my last newsletter.



2013 has been a time of change and growth—we are now up to 30 weekly dog walks! We've also partnered with Peanut's Pals (a doggie boarding/day care for small dogs in Edmonds) so we are now walking their dogs too!

Unfortunately, there are not enough hours in a day for me to do all these dog walks myself (when would I have time for pet sitting and sleeping) so I'm thrilled to introduce my two new employees: Jen Cook-North County Dog Walker/Pet Sitter and Lacey Sethness-South County Dog Walker. Check out their bios on page 3—they both have extensive experience working with animals!

Scheduling visits still needs to be done through me. My goal is to never say "no" which is why I'm excited to have Jen available to help with last minute requests. Both Jen/Lacey are excited to be on board. If you would like to meet your new dog walker/pet sitter, give me a call and I'll set it up!



Holiday Reservations

The holidays are just around the corner and I have already begun to take reservations. My goal is to accommodate you for the time of service requested; however, major holidays are one of our busiest times. Therefore, please make your reservations early as possible to ensure your choice of dates and times.

A quick reminder regarding my holiday reservation policies:

- **3rd & 4th Quarter Holidays (additional \$10 per visit):** Labor Day, Thanksgiving Day, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve and New Year's Day
- **Cancellations/Change of service dates:** No charge if made 14+ days prior to service; thirteen days or less, payment in full will be charged (no refunds)

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(must have app installed on smart phone)

Introducing Jen Cook



Since I was first born I've had an interest in animals. My first word uttered was our husky's name "Rebel." I have always been surrounded by pets. Loving and caring for our furry family members has been second nature. They take such good care of us!

Growing up in Washington I was lucky enough to be blessed with the ability to be able to have cats, dogs, birds, chickens, horses, goats as part of my everyday surroundings. When I first had a chance to take any classes on animals, I was ecstatic. I took a year long course in high school that covered Veterinary Assistance and Grooming, and have continued to take classes to keep my CPR/First Aid skills sharp.

From my junior year on (15 or so years ago), I have worked in a variety of settings from vet clinics where I worked as a veterinary assistant to grooming shops and kennels. I have also been able to volunteer at NOAH and PAWS. Obviously I love to be surrounded by animals!

When I'm not busy loving animals (okay I am always loving animals), I also enjoy the outdoors, taking my little Yorkshire terrier mix along with me everywhere, spending time with my friends/family and being able to watching my five kids learn and grow.

Introducing Lacey Sethness



I was born in Texas but moved to the Edmonds/Lynnwood area at an early age. Our family has always owned dogs so I'm used to a furry friend being in the house. Growing up I had always wanted to be a veterinarian, so during high school I spent many extra curricular hours volunteering at the PAWS Wildlife Center, the Humane Society, and N.O.A.H.

After high school, I moved to Colorado in hopes of pursuing a Pre-Vet degree. I completed my BS in Biology and was invited for an interview at WSU vet school immediately after. I made it through the interview and was put on their wait list. Unfortunately, WSU had only 4 slots, and I was number 6. It was a blessing in disguise because after spending time in veterinary clinics, I realized I preferred spending quality time with the animals rather than being the source of their stress. I began working part-time for a pet sitting and dog walking company. I began taking biology and behavior classes about dogs, and used the knowledge acquired in these classes to help my clients with behavior issues, or simply give them tips. In July 2012, I moved back to Washington to be closer to family and friends.

When I'm not walking dogs in the rain and getting covered with fur, I work for a marketing company and I'm an online fitness/nutrition coach. I also love to hike, snowboard, wakeboard, climb, and workout.

TAILored Pet Services Turned Two On May 2



Thank you for your patronage and preference with TAILored Pet Services LLC. I want to express my ongoing commitment to keep making our relationship stronger.

I also want to ask your advice regarding features you want changed or added to our current list of services. Please email your innovating ideas to: antigone@tailoredpetservices.com

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